



EXPERTS IN PATIENT HANDLING SOLUTIONS



ANTI-SLIP SLIDE SHEET

This guide covers all products with the prefix ASGS in the product code.

A specially designed Slide Sheet that reduces the risk of sliding forward on the edge of a bed when trying to get in/out of bed. For use independently or for single carers.

USER INSTRUCTIONS



INDEPENDENT USE – GETTING INTO BED



1

Place the anti-slip panel on the edge of the bed with the rest of the **Anti-slip Slide Sheet** across the bed as shown.

Sit on the sheet at the edge of the bed, preferably making sure that your feet make contact with the floor. If your feet cannot reach the floor, you **MUST HAVE** good upper body strength and be able to support yourself whilst sitting on the **Anti-slip Slide Sheet**. The anti-slip part will reduce the risk of sliding forward.

Ensure that you use your hands for support, by placing them slightly behind yourself on either side of the slide sheet, or even under the slide sheet. The hands must not be placed on the slide sheet as it is slippery. Some people may still require some form of support from a carer(s) (see page 3).



2



3

Once you are safely sitting on the **Anti-slip Slide Sheet**, supported by your upper body, you can take the weight off your feet. You can then slide into the middle of the bed and once in the middle of the bed you can rotate so your feet are facing the foot of the bed. If you are now in the correct position in the bed then you can lie down.

Alternatively, if you wish to sit up by the pillows, then you might have to slide further up the bed. To do this, simply use your arms or your feet (or both) to help you reposition yourself in the correct place. An **Anti-Slip Foot Pad (ASFP4060)** under the feet can help (shown).



4



5

Once in the desired position remove the slide sheet by simply pushing the **Anti-slip Slide Sheet** away from underneath your buttocks towards your feet. This will ensure that the anti-slip panel does not get 'caught up' underneath when trying to remove it.

INDEPENDENT USE – GETTING OUT OF BED



1

Fold the anti-slip panel as before and then fold the rest of the slide sheet up in quite big folds towards the anti-slip panel. Put the anti-slip panel on the edge of the bed on the side that you want to get out on, with the rest of the **Anti-slip Slide Sheet** folded next to it. The folds running on top.

Now, unravel the folded slide sheet underneath your bottom, as shown, ensuring that the anti-slip panel remains on the edge of the bed. It does help if you turn on to your side and peel the fabric out underneath yourself from the opposite side.

2



3

Sit up (you may want to use a **Leg Lifter (LL1550)** (shown) or **Webbing Ladder (WRL/10DB)** to help you). As you sit up you may slide down the bed a little.

You can now rotate around so that you are sitting on the edge of the bed.

Once on the edge of the bed, make sure that you place your feet firmly on the ground before standing up.

If you do not have very good upper sitting balance you may need support from a carer(s) (see page 3).

4



SINGLE CARER / TWO CARERS – GETTING INTO BED (with additional use of a Leg Lifter)



1

Place the anti-slip panel on the edge of the bed with the rest of the slide sheet across the bed as shown.

Ask your client to sit on the sheet at the edge of the bed, supporting themselves or with one carer supporting from behind. If there are two carers the other carer can make sure the user is sitting safely and correctly on the **Anti-slip Slide Sheet**.

Ensure that they can use their hands for support by placing them slightly behind themselves on either side of the slide sheet, or even under the **Anti-slip Slide Sheet** itself.

Hands must not be placed on the slide sheet as it is slippery. A **Bed Loop (BL-02)** can also help the user.



Once the user is sitting safely on the **Anti-slip Slide Sheet** the carer can place a **Leg Lifter** under their feet; this will be used to raise the legs and help rotate the person into bed.

2



3

Whilst raising the legs, the anti-slip safety strip on the edge of the **Anti-slip Slide Sheet** will prevent the person sliding forward so their safety is always maintained.



Supported and aided by the carer(s), the **Anti-slip Slide Sheet** will help the user's bottom rotate easily and comfortably, preventing drag and the risk of skin damage. The **Leg Lifter** can also help with this movement as can a **Bed Loop**, as shown.

4



5

Once safely turned, the carer(s) can help the user reposition in the bed by using the slippiness of the **Anti-slip Slide Sheet** to centralise and slide so they are comfortable.

6

Once safely in bed, the carer can remove the **Anti-slip Slide Sheet** by either (a) asking the user to help by pushing it away from underneath their bottom themselves or (b) feeding their hand between the two slippery layers and effectively peeling out the sheet from underneath the user before pushing the anti-slip layer gently away from the leg area.



MATERIAL CONTENT

100% Polyester

Anti-slip Panel: PVC Coated Polyester, Phthalate Free



STORAGE AND HANDLING

- Store in a clean dry environment that is not subject to excessive heat.
- Keep away from sunlight.
- Store flat and avoid placing heavy objects on top of the product.

WARNINGS AND PRECAUTIONS

- Do not leave or drop on the floor; it is a slip hazard.
- Test for slippiness before use. If over-laundered and doesn't slide please discard or replace.
- Inspect product before use for signs of damage or tears.



Keep dry



Keep away from sunlight

CLEANING INSTRUCTIONS

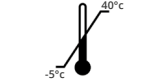
- Wash as per laundry instructions.
- Can be wiped clean, between use with the same patient, with natural water and detergent or wipes that don't contain alcohol, solvents, bleaching or abrasive agents.
- Cleaning materials used should be patient safe and biodegradable..



Caution



Do not use if package is damaged



Storage Temperature Limit

DISPOSAL INSTRUCTIONS

- Non-recyclable.
- Dispose of as clinical waste if it has been used by an infectious person.
- Otherwise dispose of through normal waste management.



Wash at 30-74°C. Tumble dry on low heat. Do not iron. Do not use bleach. Do not use fabric conditioner



MANUFACTURER

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Patient Information website



Medical Device



www.hospitaldirect.co.uk

HOSPITAL DIRECT (HD) ADDITIONAL SYMBOLS

At HD we understand that not everyone is familiar with all equipment, so to help therapists and healthcare professionals in assessing a product's suitability for a client, we have included two assessment tools, Functional Independence Measure (FIM) and Easy Guide Symbols. These will enable the healthcare professional to assess their client and decide whether or not a product will help the person based on their level of dependence and functional ability.

FUNCTIONAL INDEPENDENCE MEASURE (FIM) ASSESSMENT

Our FIM assessment guide for each product will help you decide the suitability of this product for the person's ability and need. Based on the standard criteria from Level 6 where the person can use the product unaided and unsupervised to Level 1 where all the assistance is provided by the carer and the client can do nothing, this guide is easy, quick and simple to use to check suitability against ability and circumstance.

FIM LEVELS QUICK GUIDE. SUBJECT VS CARER HELP



EASY GUIDE SYMBOLS

We use four symbols to indicate where a product is suitable and safe for the person to use unassisted, with a single carer or with multiple carers. These symbols indicate the minimum recommendation.



HD has a policy of continuous development and, as such, reserves the right to alter specifications (including measurements, materials and colours) without prior notice. If any serious incident has occurred in relation to the device it should be reported to the manufacturer and the competent authority in which the user and/or patient is established.