



EXPERTS IN PATIENT HANDLING SOLUTIONS



EASY LEG TURNER

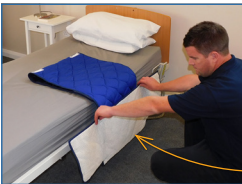
This guide covers all products with the prefix ELT.

Simple but brilliant, the **Easy Leg Turner** allows a carer to safely raise a person's legs and swivel them into or out of bed – all in a matter of seconds.

USER INSTRUCTIONS



ASSISTED – SINGLE CARER – GETTING INTO BED



1

Unroll the **Easy Leg Turner**, fold on the suggested fold line and place on the edge of the bed as shown.

Note: the underside of the base plate is anti-slip for total safety.

If the bed height is adjustable the base plate will sit neatly on the floor. The base plate has a choice of handles for leg length and leg condition.

2



3

Safety is also assured with the anti-slip panel which should sit just over the edge of the bed as shown.

The person can now sit safely on the **Easy Leg Turner**, their feet on the base plate if appropriate.

The person's bottom will be on the double folded layer as shown – the anti-slip panel preventing slippage.

The carer can now select the handles to wrap around the feet and to support.

4



5

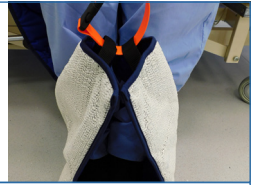
With the person briefly supporting themselves, bend down and gather the straps closest to the person's feet, supporting the feet rather than ankles.

Raise legs level to, or preferably slightly higher, than the bed surface.

ASSISTED – SINGLE CARER – GETTING INTO BED (continued)

If you can't bend, use an extension strap.
Shown here is an orange **Extension Strap – Wipeclean (LS0575W)**.

6



7

As you start to swivel the legs around, the person's bottom will rotate easily on the folded slippy quilting.

Once the person is safely on the bed they can adjust their position, either centrally on the bed or further up before removing as the **Easy Leg Turner** allows easy further positioning.

8



ASSISTED – SINGLE CARER – REMOVAL



1

Once the person is where they want to be, removal is easy.

The anti-slip part of the **Easy Leg Turner** will be on the edge of the bed so it is easy to remove from here.

2



3

Without disturbing the person you can now gently pull the product out as shown.

The slippy quilting will slide on itself and so can be easily removed.

4



ASSISTED – SINGLE CARER – RE-INSERTION



1

You might want to check the length of the person's legs with the product to ensure correct placement.

Place the **Easy Leg Turner** on the edge of the bed, tail reaching the floor, the anti-slip panel on the edge of the bed as shown – as shown.

2



3

Keeping the anti-slip panel on the edge of the bed as shown, ask the person to turn slightly away from you and slide the rest of the product underneath.

The person can then sit up (use **Webbing Bed Ladder/Rope Ladder (WRL/10)** if needed). Their legs will be supported with the **Easy Leg Turner**.

4



5

The carer can then wrap the base plate around feet and gently swivel the user around. The anti-slip panel ensures safety at bed edge.

UNASSISTED – GETTING INTO BED



1

Place the **Easy Leg Turner** on the bed as shown, folded on the suggested fold line with the anti-slip panel on the edge of the bed and the base plate touching the floor.

Bending down, reach for the handles on the base plate as shown...

2



3

...or use an **Extension Strap – Wipeclean (LS0575W)**.

Supporting yourself with your other hand on the other side of the bed, raise your legs and feet with the other.

4



5

Swivel legs and feet onto the middle of the bed as shown and reposition as you require.

UNASSISTED – REMOVAL



1

Once in bed and comfortable, you can start to remove the product.

Starting with the anti-slip panel on the edge of the bed, begin to pull this out as shown.

2



3

Because the **Easy Leg Turner** is made from slippery quilting it pulls out easily and it slides on itself.

You can then fold the **Easy Leg Turner** up and keep handy for when you need to get out of bed.

4



MATERIAL CONTENT

100% Polycotton/Polyester quilting with Polyester Wadding
Handles: 100% Polypropylene
Anti-slip panel: PVC coated polyester, phthalate free

STORAGE AND HANDLING

- Store in a clean dry environment that is not subject to excessive heat.
- Keep away from sunlight.
- Store flat and avoid placing heavy objects on top of the product.

WARNINGS AND PRECAUTIONS

- Do not leave or drop on the floor; it is a slip hazard.
- Test for slippiness before use. If over-laundered and doesn't slide please discard or replace.
- Inspect product, including handles, before use for signs of damage or tears.

CLEANING INSTRUCTIONS

- Wash as per laundry instructions.
- Can be wiped clean, between use with the same patient, with natural water and detergent or wipes that don't contain alcohol, solvents, bleaching or abrasive agents.
- Cleaning materials used should be patient safe and biodegradable.

DISPOSAL INSTRUCTIONS

- Non-recyclable.
- Dispose of as clinical waste if it has been used by an infectious person.
- Otherwise dispose of through normal waste management.



Caution



Do not use if package is damaged



Storage Temperature Limit



Wash at 30-74°C. Tumble dry on low heat. Do not iron.
Do not use bleach. Do not use fabric conditioner



Patient Information website



Medical Device



MANUFACTURER

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HOSPITAL DIRECT (HD) ADDITIONAL SYMBOLS

At HD we understand that not everyone is familiar with all equipment, so to help therapists and healthcare professionals in assessing a product's suitability for a client, we have included two assessment tools, Functional Independence Measure (FIM) and Easy Guide Symbols. These will enable the healthcare professional to assess their client and decide whether or not a product will help the person based on their level of dependence and functional ability.

FUNCTIONAL INDEPENDENCE MEASURE (FIM) ASSESSMENT

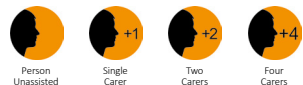
Our FIM assessment guide for each product will help you decide the suitability of this product for the person's ability and need. Based on the standard criteria from Level 6 where the person can use the product unaided and unsupervised to Level 1 where all the assistance is provided by the carer and the client can do nothing, this guide is easy, quick and simple to use to check suitability against ability and circumstance.

FIM LEVELS QUICK GUIDE. SUBJECT VS CARER HELP



EASY GUIDE SYMBOLS

We use four symbols to indicate where a product is suitable and safe for the person to use unassisted, with a single carer or with multiple carers. These symbols indicate the minimum recommendation.



HD has a policy of continuous development and, as such, reserves the right to alter specifications (including measurements, materials and colours) without prior notice. If any serious incident has occurred in relation to the device it should be reported to the manufacturer and the competent authority in which the user and/or patient is established.