



EMERGENCY MANUAL HANDLING PACK

This guide covers all products with the prefix EMHP in the product code

A specially designed pack that contains the equipment you will need to help manage a collapsed patient in an emergency.

EMERGENCY MANUAL HANDLING PACK EXPLAINED

EMERGENCY LIFTING SHEET (where there is no cervical or spinal injury)

SWL 150KG



The **Emergency Lifting Sheet** offers the ultimate falls management solution for raising an injured person from the floor.

No stretcher hoist? No way to lift a person safely? Look after your staff and patients by providing them with this inexpensive lifting sheet, designed to protect both patients and health professionals during lifting procedures.

Warning: the collapsed person must be assessed to ensure there is no cervical or spinal injury.



EXTENSION STRAPS – ECONOMY OR WIPECLEAN (dependant on pack)

ECONOMY



WIPECLEAN



These straps are used to clip onto or loop through the handles of the **Flat Slide Sheets with Handles** in the pack when extricating a collapsed person from an awkward area, reducing the need for emergency staff to stoop or bend.

ECONOMY (BLUE)



Do not use fabric conditioner

SWL 400KG

WIPECLEAN (ORANGE)

Care Instructions:

1. Can be wiped down with alcohol wipes.
2. Can be washed in warm soapy water and rinsed.
3. Air dry.

SWL 190KG

TUBULAR ROLLER SLIDE SHEET



When someone suffers an arrest in a sitting position, bed or chair, this small **Tubular Roller Slide Sheet** is easy to grab, scrunch and insert under the patient's bottom, enabling emergency responders to bring the person quickly, but in a controlled manner, to a flat position where CPR can be carried out.



FLAT SLIDE SHEET WITH HANDLES

SWL 400KG



Available in a range of sizes, these washable **Flat Slide Sheets with Handles** are super slippy and have handles running down each long side and across the top to facilitate patient handling.

If dealing with a patient that is collapsed in an awkward corner, these **Flat Slide Sheets with Handles** can be unrolled underneath the collapsed person and then straps can be attached to facilitate the extraction.

Tested to a Safe Working Load (SWL) of 400kg with a force of 49kg required to move that force, they can be used with the vast majority of patients.



USER INSTRUCTIONS

USING THE FLAT SLIDE SHEET AND STRAPS TO EXTRICATE A COLLAPSED PERSON

This is an illustrated method for enabling healthcare staff to use the **Flat Slide Sheets with Handles** in the pack to help extricate collapsed patients/clients from awkward corners or areas. In this example we have shown our washable **Flat Slide Sheets with Handles** being used but you could just as easily use our **Disposable Flat Slide Sheets with Handles**.

Please note: whatever situation you find yourself in, please do remember to carry out your own risk assessment prior to using this method with your patient/client.



1

Find your **Emergency Manual Handling Pack**.

Make your patient as comfortable as possible – a pillow will help!.

Put the two **Flat Slide Sheets with Handles** together and start to unravel them under the collapsed person so they run from head to toe.

2



Attach the **Extension Straps** to the handles at the foot end of the **Flat Slide Sheets with Handles**.

Now bring in the **Emergency Lifting Sheet**.

3



Using the **Extension Straps**, gently pull your patient from where they have collapsed, onto the **Emergency Lifting Sheet**.

4



Remove the flat slide sheets, leaving the patient on the **Emergency Lifting Sheet** if being used.

Any care that the patient requires is now easy as the patient is now in an accessible position.

5



HOW TO USE THE EMERGENCY LIFTING SHEET

A senior member of staff must decide if the patient is fit to be moved. Wherever possible, use mechanical/ electrical equipment to move the patient. If it is necessary to perform a manual lift, assess the numbers of handlers required. Consider: **(a)** The weight and height of the patient. **(b)** The fitness, capability and height variation of the handlers. Position handlers according to their heights, with the largest adjacent to the patient's shoulders/trunk. **(c)** If space constraints prevent the positioning of the trolley close by, use slide sheets and straps to relocate the patient.



1

We have demonstrated the lift of a lightweight patient with 4 handlers. However, the sheet is tested to 150kgs and has space for 8 handlers.

REMEMBER: Working from the floor increases the risk of injury to the handlers. The more handlers, the flatter the lift.

Position the **Emergency Lifting Sheet** under the patient (either by sliding them onto it or log-rolling dependent upon the circumstances).

2



3

*If possible, position a bed/trolley with a **Slide Sheet** on the mattress close by so that, once lifted, patient can be slid onto bed/trolley.*

Leader instructs the handlers on how the lift will be co-ordinated, checking that everyone understands and are comfortable with their individual role.

Handlers position themselves ready for the lift. Where possible, equal numbers are positioned along each side of the **Emergency Lifting Sheet**. **It is essential that the patient's head and neck remains supported throughout the lift, and if numbers allow, you may wish to dedicate a member of staff to this role.**

4



Handles on the head end of the **Emergency Lifting Sheet** can facilitate this.



5

In a co-ordinated lift and holding the **Emergency Lifting Sheet** handles, the handlers lift from the floor.



In a co-ordinated move, handlers side step to the bed/trolley and slide the patient gently up the bed/trolley to the head end. Remove the **Slide Sheet**.

6



PACK INCLUDES

- 2 x Flat Slide Sheet with Handles
- 1 x Tubular Slide Sheet
- 1 x Emergency Lifting Sheet
- 2 x Extension Straps (Economy or Wipeclean depending on pack)

MATERIAL CONTENT

Flat Slide Sheet with Handles: 100% Polyester with Polypropylene handles.

Tubular Slide Sheet: 100% Polyester.

Emergency Lifting Sheet: 100% Nylon with Polypropylene handles.

Extension Straps: Polypropylene.

STORAGE AND HANDLING

- Store in a clean dry environment that is not subject to excessive heat.
- Keep away from sunlight.
- Store flat and avoid placing heavy objects on top of the product.

WARNINGS AND PRECAUTIONS

- Do not leave or drop on the floor; it is a slip hazard.
- Test all slide sheets for slippiness before use. If over-laundered and they don't slide please discard and replace.
- Inspect all products, including handles, before use for signs of damage or tears.
- **Emergency Lifting Sheet:** Safe Working Load (SWL): 150kgs.
- **Flat Slide Sheet with Handles:** Safe Working Load (SWL): 400kgs.
- **Extension Straps – Economy:** Safe Working Load (SWL): 400kgs.
- **Extension Straps – Wipeclean:** Safe Working Load (SWL): 190kgs.

CLEANING INSTRUCTIONS

- Wash as per laundry instructions (page 1).
- Can be wiped clean, between use with the same patient, with natural water and detergent or wipes that don't contain alcohol, solvents, bleaching or abrasive agents.
- Cleaning materials used should be patient safe and biodegradable.

DISPOSAL INSTRUCTIONS

- Non-recyclable.
- Dispose of as clinical waste if it has been used by an infectious person.
- Otherwise dispose of through normal waste management.



Keep dry



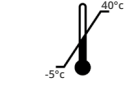
Keep away from sunlight



Caution



Do not use if package is damaged



Storage Temperature Limit



MANUFACTURER

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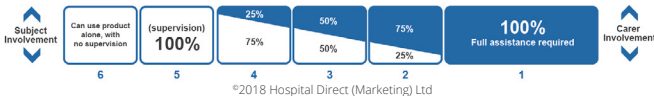
HOSPITAL DIRECT (HD) ADDITIONAL SYMBOLS

At HD we understand that not everyone is familiar with all equipment, so to help therapists and healthcare professionals in assessing a product's suitability for a client, we have included two assessment tools, Functional Independence Measure (FIM) and Easy Guide Symbols. These will enable the healthcare professional to assess their client and decide whether or not a product will help the person based on their level of dependence and functional ability.

FUNCTIONAL INDEPENDENCE MEASURE (FIM) ASSESSMENT

Our FIM assessment guide for each product will help you decide the suitability of this product for the person's ability and need. Based on the standard criteria from Level 6 where the person can use the product unaided and unsupervised to Level 1 where all the assistance is provided by the carer and the client can do nothing, this guide is easy, quick and simple to use to check suitability against ability and circumstance.

FIM LEVELS QUICK GUIDE. SUBJECT VS CARER HELP



EASY GUIDE SYMBOLS

We use four symbols to indicate where a product is suitable and safe for the person to use unassisted, with a single carer or with multiple carers. These symbols indicate the minimum recommendation.



HD has a policy of continuous development and, as such, reserves the right to alter specifications (including measurements, materials and colours) without prior notice. If any serious incident has occurred in relation to the device it should be reported to the manufacturer and the competent authority in which the user and/or patient is established.