



EXPERTS IN PATIENT HANDLING SOLUTIONS



HD DELUXE™

# HD DELUXE™ – FOOTSTOOL

This guide covers the product code HDF510.

Our **HD DELUXE™ – Footstool** is designed to provide extra height in so many different ways – placed on the floor under feet, on a bed under legs, on a bed to give extra push up capability and many many more. It can even be used to administer personal care. See below for different ways to use our **HD DELUXE™ – Footstool**.

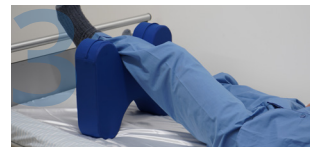
## USER INSTRUCTIONS



Place the **HD Deluxe™ – Footstool** at the side of your bed. This can then be used as a step to get in or out of bed more easily if your feet can't touch the floor or if your bed doesn't go low enough.



Place one **HD Deluxe™ – Footstool** next to the user at the edge of the mattress. The user can use the stool to push off to help with a sitting or standing movement. Using two **HD Deluxe™ – Footstools**, one on either side can also help.



Stand the **HD Deluxe™ – Footstool** on its side, then place the user's heel, ankle or calf inside an arch. This helps with offloading weight from the ankle or can even be used to help with personal hygiene and daily dressing.



When in a side-lying position place the **HD Deluxe™ – Footstool** in between both knees so each knee fits inside a curve of the stool. This additional support will reduce pressure points and provide access for personal hygiene.



Place the **HD Deluxe™ – Footstool** on the floor near the users knee. Lift one knee and rest it on the stool. With one knee now raised slightly higher this will help with standing up from the floor.



Position the **HD Deluxe™ – Footstool** around the basin of the toilet as shown in the picture above. Place both feet on the footstool and sit down on the toilet. By having the feet slightly raised, this helps with toileting as it opens the bowel.

## MATERIAL CONTENT

Cover Fabric: 100% polyester  
Cover Coating 90% PVC + 10% PU  
Foam: Polyether Foam

## STORAGE AND HANDLING

- Store in a clean dry environment that is not subject to excessive heat.
- Keep away from sunlight.
- Store flat and avoid placing heavy objects on top of the product.

## WARNINGS AND PRECAUTIONS

- Do not leave the on the floor when not being used.
- Do not use on a wet floor.
- Always test product grip on your chosen surface before using.
- Inspect before use for signs of wear or damage.

## CLEANING INSTRUCTIONS

- Wipeclean with natural water and detergent or wipes that don't contain alcohol, solvents, bleaching or abrasive agents.
- Cleaning materials used should be patient safe and biodegradable.

## DISPOSAL INSTRUCTIONS

- Non-recyclable.
- Dispose of as clinical waste if it has been used by an infectious person.
- Otherwise dispose of through normal waste management.



Keep dry



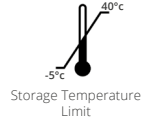
Keep away from sunlight



Caution



Do not use if package is damaged



Storage Temperature Limit



Wipeclean Only



Patient Information website



Medical Device



### MANUFACTURER

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## HOSPITAL DIRECT (HD) ADDITIONAL SYMBOLS

At HD we understand that not everyone is familiar with all equipment, so to help therapists and healthcare professionals in assessing a product's suitability for a client, we have included two assessment tools, Functional Independence Measure (FIM) and Easy Guide Symbols. These will enable the healthcare professional to assess their client and decide whether or not a product will help the person based on their level of dependence and functional ability.

### FUNCTIONAL INDEPENDENCE MEASURE (FIM) ASSESSMENT

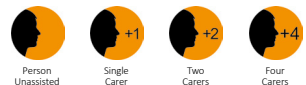
Our FIM assessment guide for each product will help you decide the suitability of this product for the person's ability and need. Based on the standard criteria from Level 6 where the person can use the product unaided and unsupervised to Level 1 where all the assistance is provided by the carer and the client can do nothing, this guide is easy, quick and simple to use to check suitability against ability and circumstance.

#### FIM LEVELS QUICK GUIDE. SUBJECT VS CARER HELP



### EASY GUIDE SYMBOLS

We use four symbols to indicate where a product is suitable and safe for the person to use unassisted, with a single carer or with multiple carers. These symbols indicate the minimum recommendation.



HD has a policy of continuous development and, as such, reserves the right to alter specifications (including measurements, materials and colours) without prior notice. If any serious incident has occurred in relation to the device it should be reported to the manufacturer and the competent authority in which the user and/or patient is established.