



HIP ASSIST PACK

This guide covers all products with the prefix HP01

The **Hip Assist Pack** combines a series of essential aids for those who are waiting for or recovering from hip replacements.

HIP ASSIST PACK EXPLAINED

GLIDE CUSHION



The **Glide Cushion** is ultra-soft with a quilted slippery material on the inside and comfortable polycotton on the top. For those who struggle to roll from side to side in bed the cushion can offer a fantastic low friction solution allowing users to turn easily throughout the night with zero assistance.

CAR SLIDE SHEET



The **Car Slide Sheet** is a slide sheet designed to help swivel in and out of a car with ease. For those waiting for a hip operation it can greatly ease the difficulties of getting in and out of a car and it can be used independently or with the help of a carer.

Please note: it must be removed prior to the car moving – see instructions.

ANTI-SLIP SLIDE SHEET



This **Anti-Slip Slide Sheet** helps patients rotate and re-position themselves easily in bed. It prevents patients from sliding forward or slipping out of bed whilst the double slide sheet panel offers easy bed repositioning. If you are waiting for a hip replacement then this sheet can make getting in and out of bed so much easier.

WEBBING ROPE LADDER



This easy to attach bed ladder allows patients to maintain in control as they sit forward or lie down. Patients who would otherwise struggle to manoeuvre themselves can further improve their independence and rehabilitation with the **Webbing Rope Ladder**.

HANDYBAR®



Created as an aid to sit or stand from a vehicle, the **Handybar®** offers extra assistance and leverage to get in and out of a vehicle unaided. The Handybar simply drops into the steel U shaped door lock on the side of the vehicle.

USER INSTRUCTIONS GLIDE CUSHION



1

Unfold the **Glide Cushion** and place on the bed so that the open edges are across the bed and the product is near to the pillows. Make sure the soft quilted side is on the outside and the slippy finish is on the inside.

The main trunk of your body (shoulders to hips) can now lie on the cushion, turn with ease into a new position and sleep on the **Glide Cushion** throughout the night.

2



Wash at 30-74°C. Tumble dry on low heat. Do not iron. Do not use bleach. Do not use fabric conditioner

CAR SLIDE SHEET



1

Place the **Car Slide Sheet** on the seat to be used by the person requiring some assistance. This can be done by either the person themselves or with a carer/helper.

This can be used both on the driver or passenger sides but **MUST BE REMOVED PRIOR TO THE CAR MOVING.**

With the open sides running parallel to the seat, tuck the **Car Slide Sheet** between the back rest and the seat where it will be secured.

2



3

The user can then lower themselves onto the seat. They may support themselves by holding onto any part of the car. They can then gently swivel around so they are facing front.



REMOVING THE CAR SLIDE SEAT

Leaning in towards the middle of the car, the **Car Slide Sheet** can simply be pulled gently out from underneath the user's bottom.

The **Car Slide Sheet** can be folded up and placed in the door pocket ready to be used to get out at the end of the journey.

4



Wash at 30-74°C. Tumble dry on low heat. Do not iron. Do not use bleach. Do not use fabric conditioner

ANTI-SLIP SLIDE SHEET AND WEBBING ROPE LADDER

ANTI-SLIP SLIDE SHEET



WEBBING ROPE LADDER



Anti-slip strip on edge of bed



1 GETTING INTO OF BED

Place the **Anti Slip Slide Sheet** along the edge of the mattress by the pillow so the anti slip strip is near the edge.

Now sit on the **Anti Slip Slide Sheet** with both feet on the floor. The anti slip strip will prevent any slippage off the edge of the mattress.

Place the palms of your hands on the anti-slip material on either side of you and wriggle back on the slide sheet material until you are more central in the bed.

2



3

You can then safely raise your legs independently or if you need some help use our **Leg Lifter** (sold separately), to help get your legs into bed.



Turn both legs or one at a time onto the mattress and slide into the middle of the bed. Use the ladder to help lie you flat if required and remove.

4



Wash at 30-74°C. Tumble dry on low heat. Do not iron. Do not use bleach. Do not use fabric conditioner

HANDYBAR®



1

Insert the **Handybar®** into the U-shaped socket on the door lock while using the car door as additional support, as shown to stand forward.

Once in an upright position make sure that you are stable before removing the **Handybar®** and store it back in the door pocket of your vehicle.

6



WIPECLEAN ONLY

PACK INCLUDES

- 1 x Glide Cushion
- 1 x Car Slide Sheet
- 1 x Anti-slip Slide Sheet
- 1 x Webbing Rope Ladder
- 1 x Handybar

FABRIC CONTENT

Glide Cushion: Outer: 100% Polycotton. Inner: 100% Polyester

Car Slide Sheet: 100% Polyester

Anti-slip Slide Sheet: Fabric: 100% Polyester

Anti-slip: Phthalate free PVC coated polyester

Webbing Rope Ladder: 100% Polypropylene

Handy Bar: Forged Steel



STORAGE AND HANDLING

- Store in a clean dry environment that is not subject to excessive heat.
- Keep away from sunlight.
- Store flat and avoid placing heavy objects on top of the products.



Keep dry



Keep away from sunlight

WARNINGS AND PRECAUTIONS

- Do not leave or drop on the floor; it is a slip or trip hazard.
- Test all slide sheets for slippiness before use. If over-laundered and they don't slide please discard and replace.
- Inspect all products, including handles, before use for signs of damage or tears.



Caution



Do not use if package is damaged



Storage Temperature Limit

CLEANING INSTRUCTIONS

- Wash as per laundry instructions on the previous pages.
- Can be wiped clean, between use with the same patient, with natural water and detergent or wipes that don't contain alcohol, solvents, bleaching or abrasive agents.
- Cleaning materials used should be patient safe and biodegradable.



DISPOSAL INSTRUCTIONS

- Non-recyclable.
- Dispose of as clinical waste if it has been used by an infectious person.
- Otherwise dispose of through normal waste management.



Patient Information website



Medical Device



MANUFACTURER

Hospital Direct (Marketing) Ltd, Units 2, 3 & 4, The Green, Clun, Shropshire SY7 8LG, United Kingdom

EU REPRESENTATIVE: Obelis S.A., Bd Général Wahis 53, 1030 Brussels, Belgium



www.hospitaldirect.co.uk

HOSPITAL DIRECT (HD) ADDITIONAL SYMBOLS

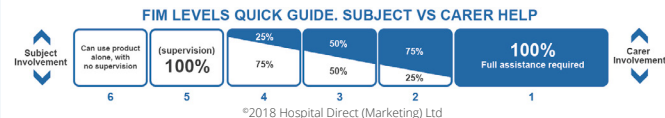
At HD we understand that not everyone is familiar with all equipment, so to help therapists and healthcare professionals in assessing a product's suitability for a client, we have included two assessment tools, Functional Independence Measure (FIM) and Easy Guide Symbols. These will enable the healthcare professional to assess their client and decide whether or not a product will help the person based on their level of dependence and functional ability.

FUNCTIONAL INDEPENDENCE MEASURE (FIM) ASSESSMENT

Our FIM assessment guide for each product will help you decide the suitability of this product for the person's ability and need. Based on the standard criteria from Level 6 where the person can use the product unaided and unsupervised to Level 1 where all the assistance is provided by the carer and the client can do nothing, this guide is easy, quick and simple to use to check suitability against ability and circumstance.

EASY GUIDE SYMBOLS

We use four symbols to indicate where a product is suitable and safe for the person to use unassisted, with a single carer or with multiple carers. These symbols indicate the minimum recommendation.



HD has a policy of continuous development and, as such, reserves the right to alter specifications (including measurements, materials and colours) without prior notice. If any serious incident has occurred in relation to the device it should be reported to the manufacturer and the competent authority in which the user and/or patient is established.