



# CAR ASSIST PACK – CARER ASSISTED

This guide covers all products with the prefix CAP002

The **Car Assist Pack – Carer Assisted** is a selection of car mobility aids that makes a car journey easier for those who need assistance with getting in and out of vehicles.

## CAR ASSIST PACK – CARER ASSISTED EXPLAINED

### CAR SLIDE SHEET



The **Car Slide Sheet** is a slide sheet designed to help swivel in and out of a car with ease. For use independently or with a carer(s).

**IMPORTANT:** The **CAR SLIDE SHEET** must always be removed prior to the car moving.

### LEG LIFTER – CAR



Where lifting legs into a car is a problem, the **Leg Lifter – Car** allows users to get in and out independently or with a carer's assistance. It can also be used where you need to raise your legs onto bed or even a couch/sofa.

### HD DELUXE™ – KNEELA



This comfortable **HD Deluxe™ Kneela (Round or Rectangle)** provides a cushioning for caregivers who spend a long time kneeling to support patients.

If you work at ground level to help patients in or out of vehicles, this pad will make your life easier.

### HANDYBAR®



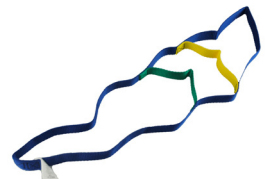
Designed as an aid to stand when rising from a car, the **Handybar®** is a very simple but strong and reliable aid to mobility. Made from forged steel, it simply fits into the door bracket on the cars door frame, where it will then remain for as long as it is needed.

### SIMPLE WEBBING BELT



If you need to offer more than an arm to support the person you are caring for then this inexpensive medical belt is the ideal solution. The **Simple Webbing Belt** helps a carer to assist patients getting in or out of a vehicle.

### CAR DOOR PULL STRAP



This **Car Door Pull Strap** is for those who struggle to shut their car doors because they can't reach. Suitable only for car doors with an open grip.

Can also be looped through the inside roof handle for extra user support.

# USER INSTRUCTIONS CAR SLIDE SHEET (CARER ASSISTED)



6-5  
FIM  
ASSESSED



# 1

Place the **Car Slide Sheet** on the seat to be used by the person requiring some assistance.

This can be used both on the driver or passenger sides but **MUST BE REMOVED PRIOR TO THE CAR MOVING.**

With the open sides running parallel to the seat, tuck the **Car Slide Sheet** between the back rest and the seat where it will be secured.

# 2



# 3

The user can then lower themselves onto the seat. They may support themselves by holding onto any part of the car.

The user can then gently swivel around so they are facing front. If they need help with their legs, they can use a **Leg Lifter (LL1550)** to assist – either independently or with help from a carer.

# 4



# 5

## REMOVING THE CAR SLIDE SEAT PRIOR TO THE CAR MOVING

Leaning slightly in towards the middle of the car, the **Car Slide Sheet** can simply be pulled gently out from underneath the user's bottom.

The **Car Slide Sheet** can be folded up and placed in the door pocket ready to be used to get out at the end of the journey.

# 6



Wash at 30-74°C. Tumble dry on low heat. Do not iron.  
Do not use bleach. Do not use fabric conditioner

# USER INSTRUCTIONS

## LEG LIFTER – CAR (CARER ASSISTED)



6-4 FIM  
ASSESSED



# 1

### GETTING LEGS INTO THE CAR

**Please note:** The person being helped MUST have sufficient strength to be able to sit unaided on the edge of the seat.

Using the long handles of the **Leg Lifter – Car**, place the strap under the sole of the users feet.

Ask them to sit safely on the edge of the seat.

Adjust the straps to suit in terms of length so that the feet feel supported. Then take both straps in one hand, as shown.

The user can hold the dashboard and use it to support them as you support their feet and as you turn slightly in the car seat, enabling the **Leg Lifter – Car** to support their feet and begin to raise them into the car.

# 2



# 3

As their bottom swivels around (with or without a turning device), continue to use the **Leg Lifter – Car** to support their feet until it is resting on the floor of the car.

Continue to support their feet until you have it in the right place. Then, release one handle and, pulling on one strap, pull the product from under their feet and back towards you.

### GETTING LEGS OUT OF THE CAR (use the HD DELUXE™ – KNEELA (ROUND OR RECTANGLE) to kneel on)

Please note: our **HD Deluxe™ Kneela – Round** is used here.

Using the long handles of the **Leg Lifter – Car**, place the strap under the sole of the feet, not their heels.

# 4



# 5

Support the feet (not the ankles) with the padded section of the **Leg Lifter – Car**, holding the straps so you do not have to bend or stoop.

Rotate until their feet are safely resting on the floor (the **Car Slide Sheet** is brilliant to help their bottom to turn).

Remove the **Leg Lifter – Car** and place in the door pocket for next time.



## WIPECLEAN ONLY

Straps can be hand washed gently if necessary

# USER INSTRUCTIONS

## HD DELUXE™ – KNEELA (CARER ASSISTED)



Please note: Our **Car Assist Pack – Carer Assisted** may include either our Round or Rectangle Kneela, both are used in the same way.



# 1

The **HD Deluxe™ Kneela**, either Round or Rectangle, is provided in your pack.

It is hard wearing, robust and suitable for all floors including driveways and pavements.

# 2



# 3

Carers can use it to kneel on when helping those in their care get in and out of vehicles, it prevents bending.

When you have used it, give it a quick wipedown every now and again to remove any dirt or loose grit that may have lodged.

# 4



**WIPECLEAN ONLY**

# USER INSTRUCTIONS HANDYBAR® (CARER ASSISTED)



6-4 FIM  
ASSESSED



# 1

Place the **Handybar®** in the U shaped striker plate on the car door frame and test it is secure.

Use the **Car Slide Sheet** and **Leg Lifter - Car** to help the user to swivel around and move the feet out of the footwell.

# 2



# 3

With one hand on the door handle ask the users to place their hand on the **Handybar®** for extra support and steadily stand up. The **Handybar®** will assist your balance while standing.

You may want to use the **Simple Webbing Belt** to help your grip on the user, rather than their clothes.

Once the user is stable the **Handybar®** can be placed in the door pocket for next time.

# 4



## ALTERNATIVE USES FOR THE HANDY BAR

- **Side Window Breaker** – if needed strike the centre of the side window with the pointed end, using a hand snapping motion.
- **Emergency Seat Belt Cutter** – the Handy Bar can also be used to cut seatbelts, remove slack from seatbelt, insert belt into the cutter slot and pull firmly across the body.

WIPECLEAN ONLY

# USER INSTRUCTIONS SIMPLE WEBBING BELT (CARER ASSISTED)



# 1

Our **Simple Webbing Belt** allows carers to offer greater support for those in their care, whether sit to stand, stand to sit or transferring between sitting surfaces.

Here we show it being used to help someone out of a car but there are many ways it can be used.

Unclip the belt and ask your client to sit forward slightly. Insert the webbing and one buckle end behind the back, as shown.

# 2



# 3

Clip the two buckle parts together, as shown.

Tighten so it is comfortable.

# 4

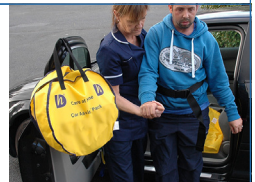


# 5

You can then hold the webbing of the **Simple Webbing Belt** and support your client, not their clothing.

You can continue to support your client, as shown, by holding the **Simple Webbing Belt** at the back.

# 6



Wash at 30-74°C. Tumble dry on low heat. Do not iron.  
Do not use bleach. Do not use fabric conditioner

# USER INSTRUCTIONS

## CAR DOOR PULL STRAP (CARER ASSISTED)



Please ensure that the **Car Door Pull Strap** is compatible with your car door handle.



# 1

Loop the **Car Door Pull Strap** through the handle of the car door as shown, holding the **Car Door Pull Strap** tight.

Thread the top loop through the **FIRST BOTTOM LOOP** and pull.  
The **Car Door Pull Strap** is now secure.

# 2



# 3

Sitting in the car, you can now use the **Car Door Pull Strap** to pull and close the door.

The **Car Door Pull Strap** can then be removed from the door or left attached for further use, provided it doesn't interfere with driving.

# 4



Wash at 30-74°C. Tumble dry on low heat. Do not iron.  
Do not use bleach. Do not use fabric conditioner

## PACK INCLUDES

- 1 x Car Slide Sheet
- 1 x Leg Lifter – Car
- 1 x HD Deluxe™ Kneela (Round or Rectangle)
- 1 x Handy Bar
- 1 x Simple Webbing Belt
- 1 x Door Pull Strap

## FABRIC CONTENT

- Car Slide Sheet:** 100% Polyester
- Handy Bar:** Forged Steel
- Simple Webbing Belt:** 100% Polypropylene with Nylon Buckle
- Door Pull Strap:** 100% Polypropylene.
- Leg Lifter – Car:** PVC Coated Polyester with 100% Polypropylene Straps
- HD Deluxe™ Kneela:** Polyurethane Foam with Polyester/PVC Cover



## STORAGE AND HANDLING

- Store in a clean dry environment that is not subject to excessive heat.
- Keep away from sunlight.
- Store flat and avoid placing heavy objects on top of the products.



Keep dry



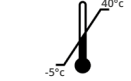
Keep away from sunlight

## WARNINGS AND PRECAUTIONS

- Do not leave or drop products on the floor; they could be a slip or trip hazard.
- Test the Car Slide Sheet for slippiness before use. If over-laundered and they don't slide please discard and replace.
- Inspect all products, including handles, before use for signs of damage or tears.



Do not use if package is damaged



Storage Temperature Limit

## CLEANING INSTRUCTIONS

- Wash as per laundry instructions on the previous pages.
- Can be wiped clean, between use with the same patient, with natural water and detergent or wipes that don't contain alcohol, solvents, bleaching or abrasive agents.
- Cleaning materials used should be patient safe and biodegradable.



Caution



## DISPOSAL INSTRUCTIONS

- Non-recyclable.
- Dispose of as clinical waste if it has been used by an infectious person.
- Otherwise dispose of through normal waste management.



Patient Information website



Medical Device



## MANUFACTURER

Hospital Direct (Marketing) Ltd, Units 2, 3 & 4, The Green, Clun, Shropshire SY7 8LG, United Kingdom

EU REPRESENTATIVE: Obelis S.A., Bd Général Wahis 53, B-1030 Brussels, Belgium



[www.hospitaldirect.co.uk](http://www.hospitaldirect.co.uk)

## HOSPITAL DIRECT (HD) ADDITIONAL SYMBOLS

At HD we understand that not everyone is familiar with all equipment, so to help therapists and healthcare professionals in assessing a product's suitability for a client, we have included two assessment tools, Functional Independence Measure (FIM) and Easy Guide Symbols. These will enable the healthcare professional to assess their client and decide whether or not a product will help the person based on their level of dependence and functional ability.

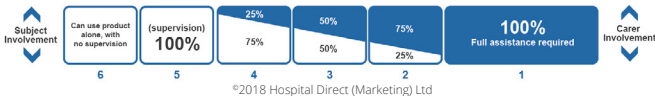
### FUNCTIONAL INDEPENDENCE MEASURE (FIM) ASSESSMENT

Our FIM assessment guide for each product will help you decide the suitability of this product for the person's ability and need. Based on the standard criteria from Level 6 where the person can use the product unaided and unsupervised to Level 1 where all the assistance is provided by the carer and the client can do nothing, this guide is easy, quick and simple to use to check suitability against ability and circumstance.

### EASY GUIDE SYMBOLS

We use four symbols to indicate where a product is suitable and safe for the person to use unassisted, with a single carer or with multiple carers. These symbols indicate the minimum recommendation.

#### FIM LEVELS QUICK GUIDE. SUBJECT VS CARER HELP



HD has a policy of continuous development and, as such, reserves the right to alter specifications (including measurements, materials and colours) without prior notice. If any serious incident has occurred in relation to the device it should be reported to the manufacturer and the competent authority in which the user and/or patient is established.