



EXPERTS IN PATIENT HANDLING SOLUTIONS



# STRAP ASSIST – WASHABLE

This guide covers all products with the prefix STRAP in the product code.

An ideal solution to help a carer support a patient with lifting legs, helping a collapsed patient stand to their feet, or simply to help a carer sit a patient up in bed. It has many uses.

## USER INSTRUCTIONS – AFTER A FALL



# 1

Although not essential, if a person has collapsed in an accessible space, place a pillow behind their head if possible. It will help the person feel more comfortable and can aid insertion of the **Strap Assist**.

If the person is able to roll from side to side, even a little bit, then insert the **Strap Assist** under the back and shoulders as shown. The anti-slip panel will grip the person's back area. If they cannot help, the **Strap Assist** can be inserted as a unit under the person by sliding underneath and peeling back the top sliding layer to expose the anti-slip panel. See more details on technique on page 2.

# 2



# 3

Once under the patient, carer(s) can help the person to a stand by pulling on the long straps. If able, the person can hold onto the rings of the straps and place their feet on an **Anti-slip Foot Pad (ASFP4060)**. This will make them feel more secure.

Once in a seated position, a wedge placed behind the person can also help them feel more secure and give more time for a chair or wheelchair to be positioned.

# 4



# 5

Two carers can also help as shown here. See how the **Anti-slip Foot Pad** helps to stop feet slipping.



The close handles on the **Strap Assist** can also allow carer to help the person feel more secure.

# 6



# USER INSTRUCTIONS – SITTING UP IN BED



1

If the person cannot help the **Strap Assist** can be inserted easily under the persons upper body. To do this, ensure the Strap Assist is slippery on both sides. Fold it over your hand to slide under patient as shown.

Warning: Do not leave or drop on the floor; it could be a trip hazard



Once under the patient the carers on each side of the bed, take hold of the red handles on both sides of the bed, and peels the fabric away up towards the headboard. This will expose the anti-slip panel helping to grip the patient more securely.

2



3

Then, with a carer each side, the user can be helped to a sitting position by facing the head of the bed and holding the yellow handles with their inner hand and holding the red handles with their outer hand. Then, adopting a safe weight transference, can help the person to sit up.

# USER INSTRUCTIONS – LEGS INTO BED (USER MUST HAVE UPPER BODY BALANCE)

The **Strap Assist** can also help support legs into bed with the anti-slip panel exposed. Place the Strap Assist around the lower leg (not feet) and take hold of the long straps. Then place a small slide sheet next to the patient so that the legs, once raised, will be able to slide on the bed and reduce risk of shearing or drag.

1



2

With a smooth movement, the carer pulls the straps so that the legs are raised onto the bed.

Adjust the position of the legs and feet so the user is comfortable and then remove the **Strap Assist** and slide sheet.

3



# USER INSTRUCTIONS – SIT TO STAND

(USER MUST HAVE UPPER BODY BALANCE)



# 1

Place the **Strap Assist** around the person so that the anti-slip panel is exposed and can help grip clothing.



Ask the person to hold a comfortable rung of the ladder handles.

Carer then holds the long handles with a good posture and with co-ordinated commands helps the person to a standing position as shown.

# 2



# USER INSTRUCTIONS – INSERTING A SLING WITH 2 CARERS

Slide the **Strap Assist** down behind the person with the slippy fabric both sides and then pull away the top panel so the anti-slip is gripping the persons clothes and the straps can be held out in front.

# 1



# 2

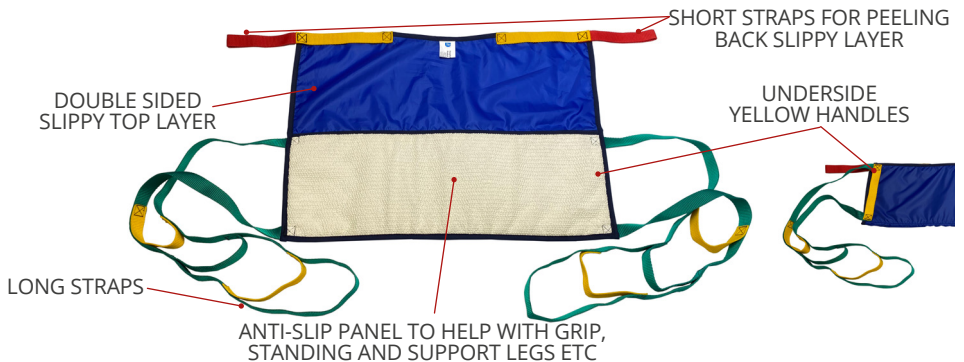
With one carer holding the straps taut, ask the user to lean slightly forward by holding on to the rungs of the ladder handles which will give them a feeling of security.

This will enable the other carer to slide the sling down behind the user as shown.

# 3



# UNDERSTANDING THE STRAP ASSIST



## MATERIAL CONTENT

Outer: 100% Polyester  
Handles: Polypropylene  
Anti-slip Panel: PVC coated polyester, phthalate free

## STORAGE AND HANDLING

- Store in a clean dry environment that is not subject to excessive heat.
- Keep away from sunlight.
- Store flat and avoid placing heavy objects on top of the product.

## WARNINGS AND PRECAUTIONS

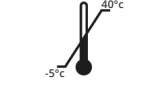
- Do not leave or drop on the floor; it is a slip hazard.
- Test for slippiness before use. If over-laundered and doesn't slide please discard or replace.
- Inspect product (including handles) before use for signs of damage or tears.

## CLEANING INSTRUCTIONS

- Wash as per laundry instructions.
- Can be wiped clean, between use with the same patient, with natural water and detergent or wipes that don't contain alcohol, solvents, bleaching or abrasive agents.
- Cleaning materials used should be patient safe and biodegradable.

## DISPOSAL INSTRUCTIONS

- Non-recyclable
- Dispose of as clinical waste if it has been used by an infectious person.
- Otherwise dispose of through normal waste management.



Wash at 30-74°C. Tumble dry on low heat. Do not iron.  
Do not use bleach. Do not use fabric conditioner.



Patient Information website



Medical Device



### MANUFACTURER

Hospital Direct (Marketing) Ltd, Units 2, 3 & 4, The Green,  
Clun, Shropshire SY7 8LG, United Kingdom

EU REPRESENTATIVE: Obelis S.A., Bd Général Wahis 53,  
1030 Brussels, Belgium



[www.hospitaldirect.co.uk](http://www.hospitaldirect.co.uk)

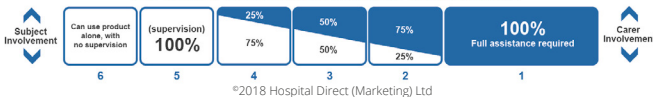
## HOSPITAL DIRECT (HD) ADDITIONAL SYMBOLS

At HD we understand that not everyone is familiar with all equipment, so to help therapists and healthcare professionals in assessing a product's suitability for a client, we have included two assessment tools, Functional Independence Measure (FIM) and Easy Guide Symbols. These will enable the healthcare professional to assess their client and decide whether or not a product will help the person based on their level of dependence and functional ability.

### FUNCTIONAL INDEPENDENCE MEASURE (FIM) ASSESSMENT

Our FIM assessment guide for each product will help you decide the suitability of this product for the person's ability and need. Based on the standard criteria from Level 6 where the person can use the product unaided and unsupervised to Level 1 where all the assistance is provided by the carer and the client can do nothing, this guide is easy, quick and simple to use to check suitability against ability and circumstance.

#### FIM LEVELS QUICK GUIDE. SUBJECT VS CARER HELP



### EASY GUIDE SYMBOLS

We use four symbols to indicate where a product is suitable and safe for the person to use unassisted, with a single carer or with multiple carers. These symbols indicate the minimum recommendation.



HD has a policy of continuous development and, as such, reserves the right to alter specifications (including measurements, materials and colours) without prior notice. If any serious incident has occurred in relation to the device it should be reported to the manufacturer and the competent authority in which the user and/or patient is established.