



# GLIDE AND LOCK – CHAIR – STANDARD


This guide covers GL3545, GLW3545, GLC3545, GLC7055, GLCW3545, GL4650, GLW4650, GLC4650, GLCW4650, GL4045E, GL4545E, GL4650E, GL4045EW, GL4650EW, GL4650EW.

A range of comfortable, hard wearing products that enable the user to glide to the back of the chair and then lock securely in position, preventing sliding forward.

## USER INSTRUCTIONS




**1 UNASSISTED**




Open up your **Glide and Lock – Chair – Standard** and hold it with your hand through the loop, ensuring the anti-slip panel is on the top of the product **ON THE REVERSE**. The directional label will be on the left hand side of the product as you look at it.

Place the **Glide and Lock – Chair – Standard** on the chair or wheelchair prior to seating the patient/client. Check that the direction of the inner locking strips is correct (see directional arrows on the label). The normal positioning is for the anti-slip panel to be face down against the chair surface, whilst the label is on the top surface and on the carer's left hand side.




**2**

Ask the client to sit on the **Glide and Lock**, making sure that their bottom does not overshoot the product. The best position is for the user to sit forward with their nose over their toes with their hands on the chair or wheelchair arms. For those people who need a little more grip with their feet, our **Anti-slip Foot Pad** is extremely useful (as shown).



**3**

By using their hands and feet to push back, the user will be able to glide to the back of the chair. The locking strips inside the **Glide and Lock – Chair – Standard** will now lock them into place and prevent them from slipping forwards. *This unassisted method is only suitable for those with sufficient strength in their lower limbs and arms.*




**4**

**5 WITH ASSISTANCE**


*If the user needs a little more help, you can try the method below, having carried out a risk assessment to make sure that this method is suitable for the patient or client.*

When the user is sitting with 'nose over toes', the carer can use a pillow placed just below the knees to push and help glide them back.



**5**

The user will now be at the back of the chair or wheelchair and the inner locking strips will lock them into place preventing them sliding forward. For those who need more assistance, try our **Glide and Lock range with Handles**.



**6**

## MATERIAL CONTENT

Fabric: 100% Polyester  
Inner Locking Strips: 100% Nylon  
Anti-slip panel: PVC coated polyester,  
phthalate free

ANTI-SLIP PANEL  
TO STOP IT SLIPPING  
AGAINST THE  
CHAIR SURFACE



INNER LOCKING  
STRIPS  
GLIDE IN ONE  
DIRECTION AND  
LOCK IN THE OTHER

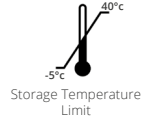
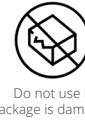
## STORAGE AND HANDLING

- Store in a clean dry environment that is not subject to excessive heat.
- Keep away from sunlight.
- Store flat and avoid placing heavy objects on top of the product.



## WARNINGS AND PRECAUTIONS

- Do not leave or drop on the floor; it is a slip hazard.
- Test for slippiness before use. If over-laundered and doesn't slide please discard or replace.
- Inspect product before use for signs of damage or tears.



## CLEANING INSTRUCTIONS

- Wash as per laundry instructions.
- Can be wiped clean, between use with the same patient, with natural water and detergent or wipes that don't contain alcohol, solvents, bleaching or abrasive agents.
- Cleaning materials used should be patient safe and biodegradable.



Wash at 30-74°C. Tumble dry on low heat. Do not Iron.  
Do not use bleach. Do not use fabric conditioner.

## DISPOSAL INSTRUCTIONS

- Non-recyclable.
- Dispose of as clinical waste if it has been used by an infectious person.
- Otherwise dispose of through normal waste management.



## MANUFACTURER

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## HOSPITAL DIRECT (HD) ADDITIONAL SYMBOLS

At HD we understand that not everyone is familiar with all equipment, so to help therapists and healthcare professionals in assessing a product's suitability for a client, we have included two assessment tools, Functional Independence Measure (FIM) and Easy Guide Symbols. These will enable the healthcare professional to assess their client and decide whether or not a product will help the person based on their level of dependence and functional ability.

### FUNCTIONAL INDEPENDENCE MEASURE (FIM) ASSESSMENT

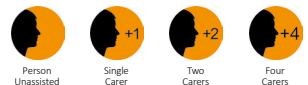
Our FIM assessment guide for each product will help you decide the suitability of this product for the person's ability and need. Based on the standard criteria from Level 6 where the person can use the product unaided and unsupervised to Level 1 where all the assistance is provided by the carer and the client can do nothing, this guide is easy, quick and simple to use to check suitability against ability and circumstance.

#### FIM LEVELS QUICK GUIDE. SUBJECT VS CARER HELP



### EASY GUIDE SYMBOLS

We use four symbols to indicate where a product is suitable and safe for the person to use unassisted, with a single carer or with multiple carers. These symbols indicate the minimum recommendation.



HD has a policy of continuous development and, as such, reserves the right to alter specifications (including measurements, materials and colours) without prior notice. If any serious incident has occurred in relation to the device it should be reported to the manufacturer and the competent authority in which the user and/or patient is established.